

Transitional Programme

Therapeutic Outdoor Learning for
Year 6 Going into Year 7

Help your students navigate the move from primary to secondary school with our evidence-based outdoor learning programme.



PRE-TRANSITION

Initial sessions to build confidence, trust & social skills



TRANSITION

Intensive 3-day outdoor camp to foster resilience



CATCH-UP

Follow-up sessions to maintain progress & wellbeing

Led by qualified outdoor practitioners and therapists, our programme is designed to:

- ✓ Ease transition anxiety
- ✓ Boost resilience and social skills
- ✓ Improve emotional wellbeing

Interested? Get in touch!

✉ wilderness@northeastwellbeing.co.uk

🌐 www.northeastwellbeing.co.uk

BENEFITS TO YOUR SCHOOL

INVEST IN YOUR PUPILS' TRANSITION,
INVEST IN YOUR SCHOOL'S SUCCESS

Our Transitional Programme provides measurable benefits that support your **pupils, your staff, and your whole school community.**



SMOOTHER TRANSITIONS

Reduces transition anxiety and helps Year 6 pupils feel confident, calm and ready for secondary school.



CONFIDENT STARTS IN NEW ENVIRONMENTS

Creates a safe, supportive space where pupils can gradually explore and become familiar with their new school surroundings, helping to ease transition anxiety.



IMPROVED ATTENDANCE & ENGAGEMENT

Early support increases readiness for learning, leading to stronger attendance and a positive start to Year 7.



ENHANCED WELLBEING & BEHAVIOUR

Builds emotional resilience and self-regulation, contributing to better behaviour and a calmer school environment.



STRONGER COMMUNITY & STAFF SUPPORT

Fosters positive relationships between pupils and strengthens links between primary and secondary schools.



FLEXIBLE AND INCLUSIVE PROGRAMME

- ✓ Tailored to your pupils' needs.
- ✓ Accommodates all abilities, including SEND.
- ✓ Options for school-holiday or term-time delivery.
- ✓ Works in partnership with your school and transition plans.



**SPECIAL
OFFER!**

**BOOK NOW AND SECURE A
DISCOUNT FOR YOUR YEAR 6/7 CLASSES.
LIMITED AVAILABILITY.**

