

Exploring feelings and emotions through puppetry

ONLINE DIGITAL ADVENTURE

THE NEED – In the new COVID world we are all facing a profound challenge to meet the emotional health needs of children. This not only affects children's well-being but also their ability to learn and their attainment at school.

OUR RESPONSE – In response to this challenge we have developed an **ONLINE DIGITAL ADVENTURE** called **Curious Beasts** that uses the creative and expressive potential of puppets to open up the world of feelings and emotions.



CURIOUS BEASTS ONLINE – the four stages of our programme

1

Puppet Workshop Online Digital Adventure

The puppets have each been designed to represent one area of social and emotional wellbeing. The children find it easy to relate to the puppets and this helps them to identify their own needs.

2

Children's Needs Assessed

The Strengths and Difficulties Questionnaire (SDQ) approach is used to assess children's social and emotional needs.



3

Nurture Groups

Nurture groups held at school for selected children help small groups of children talk about their feelings and emotions. Practitioners use social stories to help the children develop emotional literacy.

4

Family Support

The family support stage helps each child's family engage with Curious Beasts and become comfortable talking about feelings and emotions.



FOR MORE INFORMATION

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HOW DOES CURIOUS BEASTS WORK?

THE PUPPETS – Key elements of the SDQ are woven through the adventure – the questions and **Curious Beasts** themselves mirror the five aspects of emotional wellbeing.

CURIOUS BEASTS ONLINE

- Comprehensive four-stage programme
- Engaging and interactive online adventure
- Evidence-based and data-driven
- Strengths and Difficulties Questionnaire is woven through the programme
- Schools have access to specific and measurable outcomes
- Covid-safe
- Up to 60 children

A must-have confidence building tool for schools – ONLY £1,600



Desert Blupadax

Habitat: Rocky deserts
Character: Can't stay still, easily distracted and doesn't think about things before doing them



Arnumuth of great plains

Habitat: Open grassland
Character: Cares about others feelings, shares its things, is very helpful when others are hurt



Quested Quiffler

Habitat: Low Shrubbery
Character: Easily surprised and nervous without its family and often sad



Yellow Tipped Brankist

Habitat: Dense woods
Character: Spends lots of time alone or in pairs, is often bullied and prefers to spend time with creatures older than itself



Spitting Scraffle

Habitat: Underground dens and warrens
Character: Lies and cheats, takes things that don't belong to it and has big temper tantrums

Working in partnership with puppet specialists Life and Limb and national children's charity Action for Children.



HOW
ACTION FOR CHILDREN
WORKS

FOR MORE INFORMATION