



Exploring feelings and emotions through puppetry

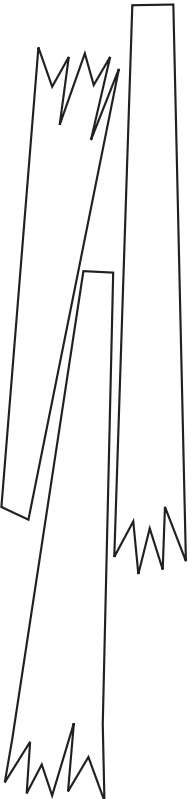
Win a free programme worth £1,573 PLUS four further prizes up for grabs – offering 50% OFF a programme...

Curious Beasts Online is a fantastically innovative, evidence-based programme that uses the creative and expressive potential of puppets to open up the world of feelings and emotions. Thanks to a one-off grant here's an opportunity to win a free programme worth £1,573.* There are also four further prizes offering 50% off a programme (only £790).

See below for how to enter...

EXTRAS

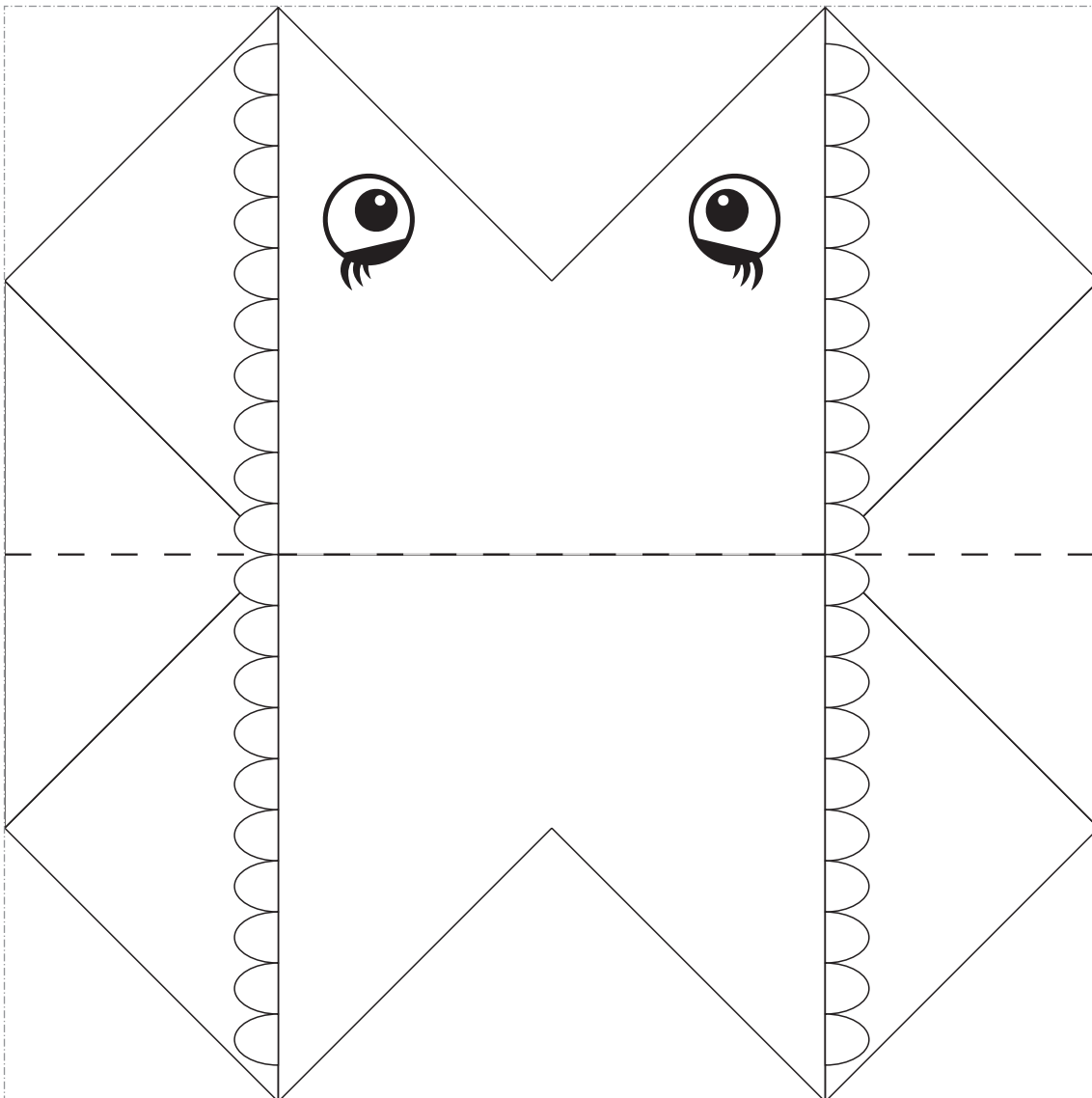
Cut out the strands of hair and stick to your puppet.



BE CREATIVE

add your own special features like nostrils, eyebrows, freckles, whiskers, scales etc

Cut out the dotted square, turn over so the side with eyes is face down and make your first fold along the middle dotted line



FOOD FOR THOUGHT

Cut out the emotions below and while you are talking to your puppet you can feed it how you feel. Use blank ones to create your own emotions.



View the video on how to make and find more printable templates at northeastwellbeing.co.uk/curious-beasts

Make your own emotion-eating puppet

HOW TO ENTER:

- Make puppets with children in your school – perhaps as part of a nurture session
- Follow us on Twitter @WellbeingNorth • Post images of your most creative designs on twitter, all images should be posted by Friday 26th March 2021 • Tag us in the post – we will then choose a winner
- Have fun being creative and using your puppets to discuss feelings and emotions

